

Parity-time symmetry from stacking purely dielectric and magnetic slabsJames Gear,¹ Fu Liu,¹ S. T. Chu,² Stefan Rotter,³ and Jensen Li^{1,*}¹*School of Physics and Astronomy, University of Birmingham, Birmingham B15 2TT, United Kingdom, EU*²*Department of Physics and Materials Science, City University of Hong Kong, Tat Chee Avenue, Kowloon Tong, Hong Kong*³*Institute for Theoretical Physics, Vienna University of Technology, A-1040 Vienna, Austria, EU*

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We show that parity-time symmetry in matching electric permittivity to magnetic permeability can be established by considering an effective parity operator involving both mirror symmetry and coupling between electric and magnetic fields. This approach extends the discussion of parity-time symmetry to the situation with more than one material potential. We show that the band structure of a one-dimensional photonic crystal with alternating purely dielectric and purely magnetic slabs can undergo a phase transition between propagation modes and evanescent modes when the balanced gain or loss parameter is varied. The cross matching between different material potentials also allows exceptional points of the constitutive matrix to appear in the long-wavelength limit where they can be used to construct ultrathin metamaterials with unidirectional reflection.

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I. INTRODUCTION

Parity-time (\mathcal{PT}) symmetric Hamiltonians are proposed as an extended class of Hamiltonians in quantum mechanics, in addition to the conventional Hermitian ones [1,2]. On the one hand, these \mathcal{PT} -symmetric Hamiltonians can give rise to real eigenvalues, similar to the Hermitian ones. On the other hand, when the system is subject to changes through certain external parameters, \mathcal{PT} -symmetric Hamiltonians can transit from the \mathcal{PT} -symmetric phase to the \mathcal{PT} -broken phase, which gives rise to pairs of complex conjugate eigenvalues beyond a certain threshold. Such a \mathcal{PT} phase transition and the associated threshold, called an exceptional point, provide a much wider platform for exploring extraordinary quantum mechanical phenomena. However, these \mathcal{PT} -symmetric Hamiltonians are difficult to implement in a quantum mechanical system, requiring $V(x) = V^*(-x)$ in balancing gain and loss. In fact, other analog systems are being used to explore the interesting physics of \mathcal{PT} -symmetric systems and of exceptional points in general, including mechanical and optical systems [3–7]. Currently, there is a tremendous interest in investigating \mathcal{PT} symmetry in optics since it can give rise to a wide range of counterintuitive wave phenomena. It should be noted that the \mathcal{PT} -symmetric potentials studied generally fall into two categories: those with symmetry perpendicular to the propagation direction, where behavior is derived from the paraxial wave approximation, and those with symmetry parallel to the propagation direction, where wave continuity or transfer matrix methods are used for analysis. For those with perpendicular symmetry, novel beam refraction [8], power oscillation [9], loss-induced transparency [10], nonreciprocal Bloch oscillations [11], and phase transition in scattering [12,13] have been observed, for instance. For those with parallel symmetry, laser absorber modes [14,15], and unidirectional invisibility [16–18] have been observed. In addition, these investigations are also extended to various extraordinary lasing and nonlinear effects with resonating structures [19–25]. In all of these cases, an analog condition of \mathcal{PT} symmetry for the

optical refractive index profile is used: $n(x) = n^*(-x)$, where x is taken as the direction either along or perpendicular to the propagation direction.

In parallel to the above development, metamaterials, consisting of an array of artificial atoms on the subwavelength scale, are being used as a flexible platform to obtain intriguing optical properties free from the limited palette of constitutive relationships found in natural materials. Metamaterials with negative refractive indices, bianisotropic tensors, and chiral parameters are now routinely fabricated [26–28]. Similarly, we also expect metamaterials to be flexible enough to engineer the Hamiltonian of an optical system and hence to investigate \mathcal{PT} symmetry [21,29–33]. A natural extension to discuss \mathcal{PT} symmetry in the framework of metamaterials is to use the spatial inversion or mirror operator as the parity operator for matching both the permittivity profile or the permeability profile [29,30]. In fact, when there is more than one material potential, additional degrees of freedom exist in defining the \mathcal{PT} symmetry. In this work, we will explore the possibility of “cross” matching different material potentials [matching $\epsilon(x)$ to $\mu^*(-x)$] in defining the \mathcal{PT} symmetry, giving us additional flexibility in designing \mathcal{PT} -symmetric components.

The paper is organized in the following way. Section I is the present Introduction. In Sec. II we establish the effective parity operator in matching permittivity and permeability. In Sec. III we construct a one-dimensional photonic crystal by stacking alternating purely dielectric and purely magnetic slabs with balanced gain and loss. We will investigate the phase transition of the band structure when the balanced gain or loss parameter is varied. In Sec. IV we investigate the effective medium description and show that exceptional points of the constitutive matrix at which reflection is unidirectional can occur even in the long-wavelength limit, in contrast to the case where we only match electric potentials.

II. PARITY-TIME SYMMETRY OPERATOR COUPLING ELECTRIC AND MAGNETIC FIELDS

We consider a one-dimensional wave problem in the z direction for which both the materials and the fields are invariant in the transverse direction (taken as x and y directions). In

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such a case, the usual parity operator can be taken as $\mathcal{P} = M_z$, i.e., the mirror operation along the z direction, while the \mathcal{T} operator is taken as the time-reversal operation. To achieve \mathcal{PT} symmetry, one conventionally considers just the profile of the one-dimensional permittivity $\epsilon(z)$, which then has to satisfy the condition $\epsilon(z) = \epsilon^*(-z)$. If, however, one also incorporates a magnetic permeability profile $\mu(z)$ on top of the permittivity profile, one expects an additional but similar requirement on the magnetic permeability: $\mu(z) = \mu^*(-z)$ [29]. It can also be written in terms of index $n(z) \triangleq \sqrt{\epsilon(z)}\sqrt{\mu(z)} = n^*(-z)$ and impedance $\eta(z) \triangleq \sqrt{\mu(z)}/\sqrt{\epsilon(z)} = \eta^*(-z)$. In both cases these \mathcal{PT} -symmetric systems have the appealing property that they behave similarly to a lossless system in one phase while displaying entirely new features in the \mathcal{PT} -broken phase. This \mathcal{PT} phase transition along with the associated exceptional point separating the two phases are emerging as a unique way to achieve tunable components with extreme sensitivity and unconventional behavior [12,22–25].

An important point to emphasize here is that the above \mathcal{PT} -symmetry condition on the material profiles is derived with respect to a particular choice of the \mathcal{P} operator. Due to the recent capability in controlling the magnetic permeability profile through metamaterials, we seek here for alternative parity operators by exploring the dual operation between the electric (\vec{E}) and the magnetic field (\vec{H}). In this work, we focus on the following definition of \mathcal{P} given by

$$\mathcal{P} \begin{pmatrix} \vec{E} \\ \vec{H} \end{pmatrix} = \begin{pmatrix} 0 & i\hat{z} \times I \\ -i\hat{z} \times I & 0 \end{pmatrix} M_z \begin{pmatrix} \vec{E} \\ \vec{H} \end{pmatrix}, \quad (1)$$

where M_z is the mirror operator in the z direction and I is the identity operation [34]. In this construction we combine the ordinary parity operator with an additional operator that cross couples \vec{E} and \vec{H} . This combined operator is designed to possess the various properties of an ordinary parity operator as satisfying $\mathcal{P}^2 = I$ and being unitary, Hermitian, and being a symmetry operator of the vacuum Maxwell's equations. In this sense, it can be regarded as an effective parity operator, which, for simplicity, we will just call the parity operator hereafter. The time-reversal operator, on the other hand, is written as

$$\mathcal{T} \begin{pmatrix} \vec{E} \\ \vec{H} \end{pmatrix} = \begin{pmatrix} I & 0 \\ 0 & -I \end{pmatrix} \begin{pmatrix} \vec{E}^* \\ \vec{H}^* \end{pmatrix}. \quad (2)$$

By demanding that an electromagnetic field and its \mathcal{PT} -transformed version are both solutions of the same set of wave equations (within Heaviside-Lorentz units),

$$\partial_z \begin{pmatrix} H_y \\ E_x \end{pmatrix} = ik_0 \begin{pmatrix} \epsilon(z) & 0 \\ 0 & \mu(z) \end{pmatrix} \begin{pmatrix} E_x \\ H_y \end{pmatrix}, \quad (3)$$

with k_0 being the wave number in free space, we obtain the \mathcal{PT} -symmetry condition on the current case of isotropic $\epsilon(z)$ and $\mu(z)$ as

$$\epsilon(z) = \mu^*(-z). \quad (4)$$

This condition will be employed to construct \mathcal{PT} -symmetric material profiles in the following sections. Again, the same condition can also be written in terms of n and η by $n(z) = n^*(-z)$ and $\eta(z) = 1/\eta^*(-z)$. While the condition on the index is expected, the reciprocal condition on the impedance is in contrast to the ordinary one: $\eta(z) = \eta^*(-z)$.

To be more specific, we consider the material profile in Eq. (4) for a system which is periodic with a lattice constant a . The fields on the two sides of a single unit cell, E_{x1}, H_{y1} on the left and E_{x2}, H_{y2} on the right-hand side, can then be solved from Eq. (3) and are related to each other using

$$\begin{pmatrix} H_{y2} - H_{y1} \\ E_{x2} - E_{x1} \end{pmatrix} = \frac{ik_0 a}{2} C^{-1} \begin{pmatrix} E_{x2} + E_{x1} \\ H_{y2} + H_{y1} \end{pmatrix}. \quad (5)$$

This relation can be regarded as a discretized wave equation with C^{-1} being defined as the constitutive matrix of the corresponding photonic crystal. Equivalently, we can also write the constitutive matrix using the scattering matrix S of a single unit cell by

$$C^{-1} = \frac{2}{ik_0 a} B \frac{S - I}{S + I} B^{-1}, \quad \text{with } B = \begin{pmatrix} 1 & 1 \\ 1 & -1 \end{pmatrix}. \quad (6)$$

Here, we have employed the convention of the S matrix defined by

$$S = \begin{pmatrix} t & r_b \\ r_f & t \end{pmatrix}, \quad (7)$$

where t is the transmission amplitude and $r_f(r_b)$ is the reflection amplitude in the forward (left to right) [backward (right to left)] direction. Such a C^{-1} matrix inherits the \mathcal{PT} symmetry from the microstructural profile. By considering the \mathcal{PT} operation on the black-box description in Eq. (5) with reciprocity, we obtain the form of a \mathcal{PT} -symmetric C^{-1} as

$$C^{-1} = \begin{pmatrix} \epsilon_{\text{eff}} & i\kappa_{\text{eff}} \\ -i\kappa_{\text{eff}} & \mu_{\text{eff}} \end{pmatrix}, \quad (8)$$

with

$$\epsilon_{\text{eff}} = \mu_{\text{eff}}^* \quad \text{and} \quad \kappa_{\text{eff}} = \kappa_{\text{eff}}^*. \quad (9)$$

Here, $\epsilon_{\text{eff}}(\mu_{\text{eff}})$ is the effective permittivity (permeability) while the bianisotropy term κ_{eff} arises from the effect of a finite frequency. Actually, this C^{-1} is a well-defined system response matrix at an arbitrary frequency. This definition converges to the usual effective constitutive matrix only when the effective medium approximation is valid in the long-wavelength limit [35].

For an ordinary \mathcal{PT} -symmetric profile, i.e., $\epsilon(z) = \epsilon^*(-z)$, the gain and loss average out to zero in the effective medium regime so that the resultant effective medium only possesses trivial \mathcal{PT} symmetry (Hermitian C^{-1} with purely real diagonal terms). In contrast, our \mathcal{PT} -symmetric effective medium still possesses nontrivial \mathcal{PT} symmetry (non-Hermitian C^{-1} with imaginary diagonal terms). As we shall see, exceptional points and the \mathcal{PT} phase transition are therefore possible even in the long-wavelength limit. We note that the medium with isotropic ϵ and μ profiles in consideration guarantees decoupling into transverse electric and transverse magnetic polarizations. Therefore, Eqs. (3)–(8) are only specified for one polarization. All the results in this work can be extended to anisotropic media (e.g., with anisotropy in the x and y directions) in a straightforward manner where the material parameters are defined with respect to a particular polarization.

III. BAND STRUCTURE AND \mathcal{PT} PHASE TRANSITION

To demonstrate the physical properties of the proposed \mathcal{PT} -symmetric medium with dual symmetry between electric and magnetic fields, we start by investigating the band structure of a one-dimensional photonic crystal with \mathcal{PT} symmetry and lattice constant a . To facilitate the discussion, we introduce the propagation matrix K through the following definition:

$$\begin{pmatrix} E_{x2} - E_{x1} \\ H_{y2} - H_{y1} \end{pmatrix} = \frac{ia}{2} K \begin{pmatrix} E_{x2} + E_{x1} \\ H_{y2} + H_{y1} \end{pmatrix}, \quad (10)$$

where K is related to C^{-1} by

$$K = k_0 \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} C^{-1}. \quad (11)$$

Then, the dispersion of the photonic crystal can be written as an eigenvalue problem of K as

$$K \begin{pmatrix} E_x \\ H_y \end{pmatrix} = \frac{2}{a} \tan \frac{ka}{2} \begin{pmatrix} E_x \\ H_y \end{pmatrix}, \quad (12)$$

where $\exp(ika)$ is the Bloch phase factor of the eigenmode. This eigenvalue problem (which can be equivalently formulated using the transfer matrix) defines different \mathcal{PT} phases and the exceptional points which separate them. From Eqs. (8) and (9) and the definition of the K matrix in Eq. (11), one can derive the dispersion equation for a \mathcal{PT} -symmetric system which becomes

$$\pm \frac{2}{k_0 a} \tan \frac{ka}{2} = \sqrt{|\epsilon_{\text{eff}}|^2 - \kappa_{\text{eff}}^2}. \quad (13)$$

Therefore, the Bloch k can either come in pairs of two purely real numbers of opposite sign when $|\epsilon_{\text{eff}}|^2 > \kappa_{\text{eff}}^2$, or of two (conjugate) purely imaginary numbers when $|\epsilon_{\text{eff}}|^2 < \kappa_{\text{eff}}^2$. In this sense, the propagation matrix K plays a similar role as the Hamiltonian whose eigenvalue problem, in this case the band structure, is a valid concept that naturally extends from the lossless case (\mathcal{PT} -symmetric phase being losslesslike with two real eigenvalues). The right-hand side of Eq. (13) can be interpreted as an interaction parameter in band formation [36,37]. A real, zero, or imaginary interaction parameter corresponds to the propagation band, exceptional point, or band gap, respectively, in the band structure.

As an example, we investigate in the following a \mathcal{PT} -symmetric photonic crystal that is constructed by stacking two types of media with equal thickness. One of them is a purely dielectric slab with $\epsilon_1 = 2.25 + i\gamma$, $\mu_1 = 1$ and the other one is a purely magnetic slab with $\mu_2 = 2.25 - i\gamma$, $\epsilon_2 = 1$ [profiles shown in Fig. 1(a)]. Such a photonic crystal satisfies the \mathcal{PT} -symmetric condition listed in Eq. (4). In general, we can also choose slabs with both electric and magnetic responses but we focus on purely dielectric and purely magnetic slabs to demonstrate the ability to cross match different types of potentials to establish \mathcal{PT} symmetry. The band structure (frequency against the real part of k) is plotted in Fig. 1(b) as γ varies. When $\gamma = 0$ (the lossless case), the band structure (highlighted by black solid lines) is a conventional one with the propagating bands transversing from $k = 0$ to $k = \pi/a$ at the Brillouin zone edge where photonic band gaps open. The band structure for negative k is the mirror image of the one for positive k . As γ increases from

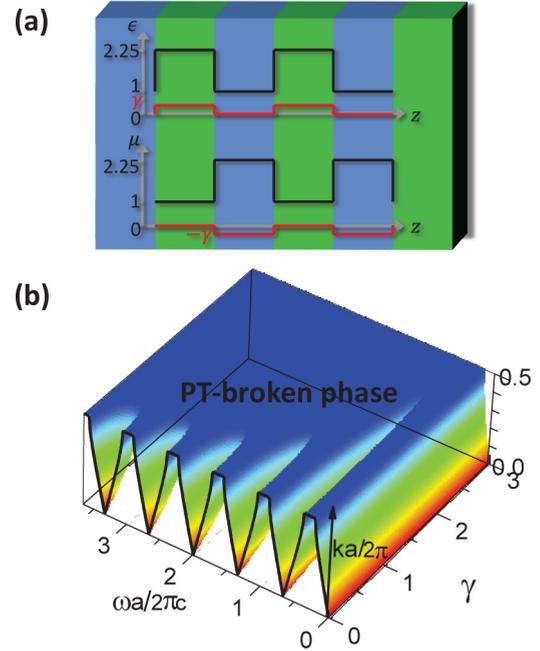


FIG. 1. (Color online) (a) The permittivity (ϵ) and permeability (μ) profiles of a one-dimensional photonic crystal stacking alternating purely dielectric slab of $\epsilon = 2.25 + i\gamma$ and purely magnetic slab $\mu = 2.25 - i\gamma$ with equal filling ratio and varying γ . (b) The corresponding band structure: Bloch k against normalized frequency and γ . The top surface of the plot labels the \mathcal{PT} -broken phase (generalized band gap).

zero, the propagating bands with two real $\cot(ka/2)$ values gradually close up to zero at the exceptional point. Beyond the exceptional point, two purely imaginary $\cot(ka/2)$ values emerge. The band structure undergoes a \mathcal{PT} phase transition beyond which the bands become evanescent with nonzero $\text{Im}(k)$ and $\text{Re}(k) = \pi/a$. This is the \mathcal{PT} -broken phase, or the generalized band gap, represented by the deep blue region in Fig. 1(b) if we regard the top view of this diagram as a phase diagram. The γ required to enter the broken phase, which approximately scales with $1/\omega$, decreases as we go to a higher working frequency.

The band structure and the \mathcal{PT} -symmetric phases can also be revealed through the scattering behavior of a photonic crystal with a finite number of unit cells. Figure 2 plots the reflectance ($|r_f|^2$ in the forward and $|r_b|^2$ in the

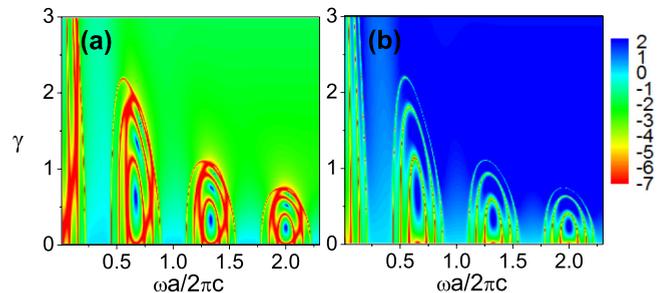


FIG. 2. (Color online) (a) Forward and (b) backward reflectance (in natural log scale) for the photonic crystal in Fig. 1 with a finite thickness of four unit cells.

backward direction) of the same photonic crystal for four unit cells. The reflection amplitude oscillates within the bands (\mathcal{PT} -symmetric phase) with dips and peaks from Fabry-Pérot resonance while it stays high in the gap region (\mathcal{PT} -broken phase). This clearly identifies the two separate phases of \mathcal{PT} symmetry by the reflectance in both directions. By comparing the forward and backward reflectance, we find that the reflectance from the side with loss actually constitutes additional lines of dip [in red color in Fig. 2(a)]. These dips, reaching a value of zero, display a unidirectional character in reflection, which will be investigated in the next section.

We note that in the examples shown in this work, we have chosen the simple additive model to incorporate the balanced gain or loss parameter γ ($i\gamma$ being added to or subtracted from ϵ or μ) in the constitutive parameters ϵ_1 and μ_2 . It is just a mathematical convenience for simplicity to demonstrate the various implications of the proposed \mathcal{PT} symmetry. The phase transition behavior depends on the actual microscopic model on how gain and loss are added. In such a case, we can seek particular frequencies to fulfill \mathcal{PT} symmetry while the various formulas in this work (e.g., the eigenvalue problem of the dispersion is formulated at a fixed frequency) are still valid.

IV. UNIDIRECTIONAL CHARACTER IN REFLECTION IN THE EFFECTIVE MEDIUM LIMIT

The unidirectional character in the reflection amplitude for the demonstrated photonic crystal ($r_f = 0$ with nonzero $|r_b|$) occurs at the exceptional point (eigenvalue degeneracy) of the scattering matrix. This phenomenon turns out to be invariant with the number of unit cells (appearing at the same frequency and γ values) so that we can simply employ the S matrix of a single unit cell defined in Eq. (7) for studying it. By investigating the eigenvalue behavior of the S matrix, one can identify the exceptional point where this unidirectional character occurs. As the S matrix of a single unit cell is related to the constitutive matrix C^{-1} through the bilinear transformation shown in Eq. (6), we can equivalently study the eigenvalue behavior of C^{-1} of the photonic crystal. Again, from Eqs. (8) and (9), one can immediately see the eigenvalues of a \mathcal{PT} -symmetric C^{-1} (denoted as c_i^{-1} with $i = 1, 2$) can either come in pairs of two purely real numbers or of two (conjugate) purely imaginary numbers. This eigenvalue behavior (similar to a \mathcal{PT} -symmetric Hamiltonian in quantum mechanics) justifies our identification of C^{-1} of the crucial quantity for discussing the unidirectional character in reflection. Generally speaking, different optical phenomena (with exceptional points or with \mathcal{PT} phase transition) link to different eigenvalue problems. The corresponding identification is, however, not unique [31]. Here, we have linked the dispersion problem (solving k with fixed ω) to the eigenvalue problem of the propagation matrix and unidirectional reflection to the eigenvalue problem of the constitutive matrix.

Figure 3(a) shows a figure of merit for the degree of directivity χ ($\chi = 1$ for completely unidirectional and $\chi = 0$ for completely symmetric behavior) with the definition from the S matrix of a single unit cell:

$$\chi = \frac{\left| |S_{12}|^2 - |S_{21}|^2 \right|}{\left| |S_{12}|^2 + |S_{21}|^2 \right|}. \quad (14)$$

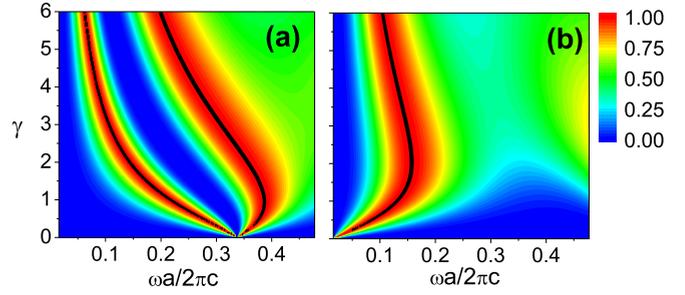


FIG. 3. (Color online) The degree of unidirectionality χ for \mathcal{PT} -symmetric photonic crystals by stacking alternating slabs with permittivity (permeability) $\epsilon_1(\mu_1)$ and $\epsilon_2(\mu_2)$. (a) Matching alternating slabs with $\epsilon_1 = 2.25 + i\gamma$, $\epsilon_2 = 2.25 - i\gamma$, and $\mu_1 = \mu_2 = 1$. (b) Matching alternating slabs with $\epsilon_1 = 2.25 + i\gamma$, $\mu_2 = 2.25 - i\gamma$, and $\epsilon_2 = \mu_1 = 1$. The black solid lines show the exceptional point (or curve) with unidirectional character in reflection.

In Fig. 3(a), the value of χ approaches 1 (at the two black solid lines) for a conventional \mathcal{PT} -symmetric system by matching two dielectric slabs $\epsilon_1 = 2.25 + i\gamma$ and $\epsilon_2 = 2.25 - i\gamma$ within a unit cell. Figure 3(b) shows the corresponding results for our proposed \mathcal{PT} symmetry, with the second slab replaced by $\mu_2 = 2.25 - i\gamma$ with unit permittivity. Here, we are particularly interested in the unidirectional behavior at the long-wavelength limit. As we have mentioned, the conventional \mathcal{PT} -symmetric system averages the gain and loss to zero in the effective medium (very small frequency) so that it will be difficult to have an exceptional point (i.e., an eigenvalue degeneracy of the constitutive matrix) unless we go to very high values of γ . In contrast, for our \mathcal{PT} -symmetric system where we match ϵ to μ , the unidirectional reflection can occur at small frequency and small γ . This is important for experimental realization as easily achievable gain or loss values (small values) can be used by simply working at a longer wavelength. This condition of unidirectional reflection (or an exceptional “curve”) is represented by the solid black line approaching the origin. This behavior can be explained analytically by considering the effective medium of such a system (see the Appendix for details):

$$C_{\text{eff}}^{-1} = \begin{pmatrix} \frac{1+\epsilon_1}{2} & \frac{ik_0a(\epsilon_1\mu_2-1)}{8} \\ -\frac{ik_0a(\epsilon_1\mu_2-1)}{8} & \frac{1+\mu_2}{2} \end{pmatrix}, \quad (15)$$

which satisfies the \mathcal{PT} -symmetry condition for the effective medium [Eq. (9)] automatically (with $\epsilon_1 = \mu_2^*$). Then, the exceptional point (eigenvalue degeneracy of C^{-1} where $c_1^{-1} = c_2^{-1}$) occurs at the black solid line [in Fig. 3(b)] where

$$k_0a = \frac{4\gamma}{\text{Re}(\epsilon_1)^2 - 1 + \gamma^2}. \quad (16)$$

Next, we consider the photonic crystal [in Fig. 3(b)] at a fixed free-space wavelength of $\lambda = 4.8$ (with lattice constant taken as $a = 0.08$) in the long-wavelength limit. Figure 4(a) shows the eigenvalue behavior of C^{-1} against γ . The solid lines represent the results from the analytic formula [Eq. (15)], which agree well with the result obtained from Eq. (6) (while S is numerically obtained from the transfer matrix method).

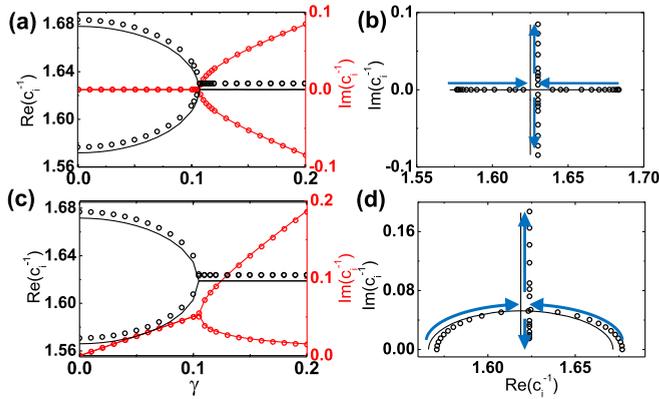


FIG. 4. (Color online) Splitting of eigenvalues (c_i^{-1} , $i = 1, 2$) of the effective constitutive matrix C^{-1} . The scattered symbols (solid lines) are the numerical results from Eq. (6) [analytic effective medium results from Eq. (15)]. (a) and (c) show the real (black) and imaginary (red) parts of the eigenvalues vs γ for the ideal ($\epsilon_1 = \mu_2^*$) and lossy cases (loss only in μ_2), respectively. (b) and (d) are the corresponding plots of the eigenvalues in the complex plane. The arrows show the direction of increasing γ .

As we increase γ from 0 (the lossless case), at a certain threshold value $\gamma_{ex} = 0.107$, the two eigenvalues coincide at an exceptional point and split into a complex conjugate pair. Figure 4(b) shows the parametric plot of the real and imaginary parts of the eigenvalues of C^{-1} as we increase γ . The eigenvalues approach and meet at the exceptional point and then rapidly change their directions. The γ required for an exceptional point is tunable in this system, as can be seen from Eq. (16). It can be lowered by either using lower permittivity or permeability slabs (< 2.25) or by lowering either k_0 or a (i.e., longer wavelength or thinner slabs). This can be useful to allow \mathcal{PT} -symmetric behavior to be observed experimentally with achievable gain or loss levels. As an example, using a permittivity or permeability with a real part of 1.3 requires a γ at around 0.02 for an exceptional point to occur.

In the above, we have matched the gain and loss (γ) to have exactly the same magnitude. To make an experimental realization easier, we can also consider a passive system as a nonideal \mathcal{PT} -symmetric system [10]. If we employ a lossless permittivity of the first slab [$Im(\epsilon_1) = 0$] and only employ loss in the second magnetic slab ($Im(\mu_2) = 2\gamma > 0$), we similarly look for the condition on how we should match the real parts of ϵ_1 and μ_2 so that we can encounter an exceptional point when we vary γ upon such a condition. In this case, the condition of the exceptional point existence [by considering eigenvalues of C^{-1} in Eq. (15)] becomes

$$\text{Re}(\mu_2) = \text{Re}(\epsilon_1) \frac{4 + k_0^2 a^2}{4 + \text{Re}(\epsilon_1)^2 k_0^2 a^2}, \quad (17)$$

which is approximately the original working condition for ideal \mathcal{PT} symmetry $\text{Re}(\epsilon_1) \cong \text{Re}(\mu_1)$ at a small working frequency. In our case, it corresponds to $\epsilon_1 = 2.25$ and $\mu_2 = 2.22528 + 2i\gamma$ (we have used $2i\gamma$ so that the exceptional points occur at roughly the same γ [38]). The eigenvalue movements of the nonideal system are plotted in Figs. 4(c) and 4(d), displaying a \mathcal{PT} phase transition again at $\gamma \sim 0.105$,

though in this case there is an additional linear loss term due to the absence of gain to cancel out the loss [Fig. 4(c)]. The results directly obtained from C^{-1} are also in good agreement with our analytic approximation using Eq. (15), though there is a small shift in the real part of the permittivity due to the effective medium approximation. As the unidirectional character in reflection is invariant with respect to the number of unit cells and occurs in the long-wavelength limit, the same phenomenon can also be equivalently demonstrated by an ultrathin metasurface, which consists of only one unit cell with subwavelength thickness. The passive system consideration also provides an additional flexibility in realizing \mathcal{PT} -symmetric metasurfaces by using only passive metamaterial structures.

V. CONCLUDING REMARKS

In this work we have demonstrated a class of \mathcal{PT} -symmetric photonic crystals and metamaterials matching electric permittivity with magnetic permeability. This is achieved by adopting an effective parity operator with coupling between electric and magnetic fields. We have shown a \mathcal{PT} phase transition of the band structure by studying the eigenvalue problem of the propagation matrix. Our analysis reveals that the reflection from a \mathcal{PT} -symmetric photonic crystal has unidirectional character, which is associated with the exceptional point of the constitutive matrix. On the one hand, the proposed \mathcal{PT} symmetry shares some common features with the conventional one in matching only one material potential. On the other hand, the cross matching of material potentials allows exceptional points to occur in the long-wavelength limit so that \mathcal{PT} -symmetry metamaterials and metasurfaces can be constructed easily.

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APPENDIX: EFFECTIVE MEDIUM WITH BIANSOTROPY FROM STACKING ALTERNATING LAYERS AT FINITE FREQUENCY

For periodic AB layers in the z direction, suppose we only consider propagation along the z -direction with volume filling ratio f_A and $f_B = 1 - f_A$, layer A (B) has isotropic permittivity ϵ_A (ϵ_B) and permeability μ_A (μ_B). In the quasistatic limit, the effective medium (along the transverse direction which the E field and H field of the propagating wave exhibits) is given by

$$\epsilon_{\text{eff}} = f_A \epsilon_A + f_B \epsilon_B, \quad (A1)$$

and

$$\mu_{\text{eff}} = f_A \mu_A + f_B \mu_B, \quad (A2)$$

using simple volume averaging. Then, we can employ the complex transmission and reflection amplitude given by the S matrix in Eq. (6). It can be applied on the two individual A and B layers and then be compared to the complex transmission

and reflection amplitudes of the total double slab. Using the same equation, we can then obtain the effective C^{-1} matrix. The diagonal values (permittivity and permeability) are still governed by Eqs. (A1) and (A2) while the off-diagonal value in the C^{-1} matrix (bianisotropy here) is represented by

$$\kappa_{\text{eff}} = \frac{1}{2}k_0 a f_A f_B (\epsilon_B \mu_A - \epsilon_A \mu_B), \quad (\text{A3})$$

where a is the periodicity. The bianisotropy term is small but cannot be neglected here at a finite frequency, e.g., for metamaterials. We note that the above result can be extended in a straightforward manner if the two layers are now replaced by two anisotropic materials sharing the same set of principal axes along the x and y directions since the TE and TM polarizations are decoupled.

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